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## Sleep Inn & Suites Harrisonburg

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Sleep Inn & Suites-Harrisonburg, is an 81 room and suites mid-scale hotel offering comfortable and reasonably priced accommodations. Conveniently located off I-81 near James Madison University, restaurants, shopping and area attractions.

### GREEN ACTIVITIES

- ☒ **Optional Linen Service.** Virginia Green Lodging facilities must have some sort of system in place that allows guests to not have their sheets and towels changed every day. This facility pledges that they:
- Have signage in each guest room explaining the linen reuse procedures
  - Change linens only upon request
  - Train house cleaners on process for optional linen service
  - Purchase water and energy efficient washers and dryers
  - Use non-phosphate, non-toxic and biodegradable laundry detergents
  - Minimize use of bleach and chlorinated chemicals
  - Line dry linens whenever possible
  - Track laundry product usage

- ☒ **Recycling and Waste Reduction.** Virginia Green Lodging facilities must recycle and are highly encouraged to maintain a comprehensive recycling program. This facility pledges that they:
- Provide the opportunity for guests to recycle: plastic bottles, aluminum cans, newspaper
  - Also recycle office paper, toner cartridges, cardboard
  - Track overall solid waste costs

#### Guest rooms

- Instruct housekeeping to save and reuse unopened items

#### Kitchen (or meetings/events)

- Have an effective food inventory control to minimize waste

#### Dining room (or meetings/events)

- Use water pitchers to minimize the use of single-use bottles

#### Restrooms

- Use bulk soap dispensers in public restrooms

#### Office

- Remove facility and staff names from junk mail lists when possible
- Reuse scrap paper for notes
- Reuse or donate shipping and packing supplies (peanuts, bubble wrap, etc.)
- Use electronic correspondence and forms when possible

Building and grounds

- Perform preventative maintenance on all appliances, HVAC systems, plumbing, and vehicles
- Use integrated pest management (IPM)
- Minimize use of pesticides and herbicides in landscaping



**Water Conservation.** The facility must have a plan for conserving water that should consider plumbing modifications and landscaping. This facility pledges that they:

Activities indoors

- Perform preventative maintenance to stop drips and leaks
- Have installed: low flow faucets and showerheads (use less than 2.5 gallons per minute), low flow toilets (use 1.6 gallons per flush or less)

Activities outdoors

- Have an effective landscape management plan which minimizes lawn areas



**Energy Conservation.** The facility must have a plan in place that encourages replacement of lighting and equipment to energy-efficient alternatives. This facility pledges that they:

- Track overall energy bills

Heating and cooling

- Regularly perform preventative maintenance on HVAC system
- Keep office doors and windows closed in HVAC system is on

Lighting

- Use natural lighting
- Have adopted a policy/practice to turn off lights in unoccupied rooms
- Have installed high efficiency fluorescent ballasts and lamps (T5s and T8s)
- Have installed compact fluorescent light bulbs in all rooms and in canned lighting
- Have installed directional (downward-facing) lighting in parking areas and other outdoor areas

Appliances and electronic devices

- Use ENERGY STAR qualified appliances (commercial kitchens, heating and Use ENERGY STAR qualified office equipment (computers, monitors, copiers, printers, etc.)

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For more information on Sleep Inn & Suites, see [www.sleepin.com/hotel-harrisonburg-virginia-VA339](http://www.sleepin.com/hotel-harrisonburg-virginia-VA339) or Wayne Horsley at [waynehorsley@msn.com](mailto:waynehorsley@msn.com) or (540) 433-7100.

**Virginia Green** is the Commonwealth of Virginia's campaign to promote environmentally-friendly practices in all aspects of Virginia's tourism industry. *Virginia Green* is supported through a partnership between the Virginia Department of Environmental Quality, the Virginia Hospitality & Travel Association, and the Virginia Tourism Corporation. The program has established "core activities" specific to each sector of tourism; these practices are the minimum requirements for participation in the program, but encourages participants to reduce their environmental impacts in all aspects of their operations. **Virginia Green Partners** are committing to help support the program and encourage their customers to join or do business with Virginia Green-certified participants. Although not necessarily

tourism facilities themselves, Partners are expected to practice green activities in their own facilities as well. For more information on **Virginia Green**, see <http://www.deq.state.va.us/p2/viriniagreen/homepage.html> or go to [www.viriniagreentravel.org](http://www.viriniagreentravel.org).

